Newsletter 46



Apríl 2025

"We wish you a beautiful feast of the Resurrection, great hope and deep peace of heart."

from the Editorial Team

AN AFRICAN FLAVOUR...

Introduction

By Sabine de Kersabiec, Coordinator for French-speaking Africa

Going on a mission to Cameroon with Anne-Céline and Helene was well worth a little report in the newsletter!

We were able to visit the mothers in the towns of Yaoundé, Douala and Kribi. At each of these stops we met the bishops who blessed us and encouraged us in our mission. The mothers were also there, beautiful in their gold and white loincloths, joyful, welcoming, and smiling. The three of us were edified by their faith, their courage, and their hope despite very difficult situations. Anne-Celine helped them to understand the spirituality of Mothers Prayers, and to feel the joy that comes from it.



Christiane Engoulou, national coordinator for Cameroon, and Fathers Prosper and Ephraim had organised this visit so well and welcomed us with such warmth. Our visit was punctuated by exchanges, conferences, common prayers and radio broadcasts, joy and family simplicity.

United in prayer, we will save our children.

Vísít to Cameroon

from Christiane, National Coordinator in Cameroon

From March 20th to 28th, 2025, the Central African country of Cameroon welcomed a visit from our international coordinator, Anne-Céline, accompanied by her assistant Hélène de Franssu, and Sabine de Kersabiec, in charge of MP French speaking.

Mothers Prayer began in Cameroon in Yaoundé in 2011 at the Saint John community, at the priory of Collège Vogt under Sabine's impetus. In March 2015, Sabine made a trip to Cameroon and had the grace be received by the apostolic nuncio Monsignor Piero Pioppo and then, by Monsignor Jean Mbarga, archbishop of Yaoundé. She received the blessing, support and encouragement of both prelates, leading to the expansion of the movement throughout the country.

Anne-Céline, Hélène and Sabine met Cameroonian mothers and clergy and helped them rediscover the benefits of the Mothers' Prayer. We were received by the Apostolic Nuncio Monsignor José Avelino Bettencourt, Archbishop Jean Mbarga of Yaoundé, Archbishop Kleda of Douala and Bishop Damase Zinga Atangana Kribi. All these prelates blessed, encouraged and promised the protection of Mothers Prayers in Cameroon.

The conferences given by Anne-Céline and her team gave much support to the mothers. In Yaoundé, we noted the presence of mothers from the far North of Cameroon, a region where Mothers' Prayer has already taken off many, many groups! These mums had travelled two days by bus to get here!

Another conference took place in Douala, Cameroon's economic capital. To get there, Anne-Céline and her team travelled six hours by bus, arriving at 11.30pm. We salute their sacrifice and their missionary zeal. A sacrifice especially in view of Douala's climate, which is a very hot 33° in March. And finally, another conference was held in Kribi, a seaside town in Cameroon.



All these conferences were very rich, profound and full of edifying testimonies. They were moments of inner healing, of comfort for mothers to be reassured that they are not alone. We are

united by prayer. Also, from these conferences, Anne-Céline reminded us that praise is an exorcism - Psalm 22:3 makes this so clear by telling us that the Lord sits in the midst of the praises of his people. Our praise creates an atmosphere for God to heal us. God's presence in our praise dispels the darkness. What was most moving for me about these conferences was the recognition that Mothers' Prayer first heals the mother's heart, converts it and makes it gentle. It's because gentleness wells up in the mother's heart that the child is invaded by love. Anne-Céline introduced us to the depths of the nine prayers in the little prayer booklet. She invited us to ask the Holy Spirit to transform our hearts so that they become like Jesus. It is He who dissipates our inner and outer divisions. This led us to recall the testimonies revealing the authentic and effective power of prayer n°2. Anne-Céline's stay in Cameroon was notable for Christiane Engoulou's commitment to serve as Cameroon's national leader. It was made on March 21th in the Saint Augustin chapel of the Catholic University of Central Africa before the Lord Jesus Christ, and all the mothers present at the mass marking the occasion. With these few words, we pray to the Holy Spirit to strengthen our trust in the Lord, so that we can let ourselves be well-schooled in the 100% surrender and letting go that is the very spirituality of the Mothers' Prayer.

May the Holy Name of Jesus Our Lord be glorified!

"UNITED IN PRAYER WE WILL SAVE OUR CHILDREN"

By Hélène de Franssu



This phrase, which appears on the cover of the Mothers' Prayer booklet, is magnificent and luminous!

At every Mothers Prayer gathering we attended during our visit to Cameroon, we proclaimed:

"United in prayer, we will save our children"!

This rekindled in us this prophetic word, this promise of life!

The Lord desires the salvation of all His children! Veronica confided in us that she had received the grace to understand that no child

placed with Faith and Love at the foot of the Cross would be lost He gives us the means:

-Prayer: turn to Jesus in PRAYER : Jesus loves you! -Unity: we are UNITED through prayer.

It is therefore a great grace to use the same prayer book throughout the world, to pray the 9 prayers received from the Lord together and to learn to place our children with great trust at the foot of the Cross of Jesus, sure of His Love.

We have never finished discovering, thanks to the Holy Spirit to whom we entrust our meetings, how important these prayers are, always new, current and active for us, our children, our families and our Church.

One day, a coordinator asked me how to run a day's retreat for mothers, and I simply told her

what Veronica had taught us:

keep it simple: with the booklet, the frequently asked questions, the book "The Joy of surrender to Him", you have everything you need!

Her question enabled me to delve deeper into the subject, to listen to the testimonies, and I'm really amazed to realize that the prayers in the booklet give us the answer:

Take a prayer with the help of the Holy Spirit, put it together with the Word of God, add the testimonies of mothers, and see what the Lord can reveal to us that is strong, powerful, luminous and true, opening a new path of Faith and peace right to our hearts, which are often anxious...

- Take, for example, the prayer of protection (2):

When we ask Jesus to cover us with His Precious Blood, it's very serious. Very powerful, and we can find something to meditate on at length in the Gospel:

-St Paul to the Philippians, 2,6-11: when we pronounce the Name of Jesus, "we pronounce the Name above every Name, and every knee bends, in heaven and on earth and in hell"

-1.Peter 1,18-21: we invoke the shed Blood of Jesus, "the precious, spotless Blood of Christ who snatches us from death and darkness"

And many other passages to discover. The Word of the Lord is Truth and His Law is Deliverance," we proclaim throughout Lent.

Now let's take the prayer (4) for the unity of the group and the prayer (6) for the unity of the groups... which echoes the phrase: "United in prayer, we will save our children"

In a way, unity is a prerequisite for the proper functioning of the group, of the movement:

Through prayer, fraternal love and forgiveness if necessary,

Through respect for confidentiality, joyful obedience and fidelity to the spirituality of the Mothers' Prayer as the Lord has taught us, we remain united!

St John 17:11: "May they be one, as we are one"

Mothers Prayer spreads wherever we live this unity! What a beautiful reality!

In the middle of the booklet, there are still many other thoughts to explore: "rejoicing in our vocation as mothers" is so precious to rediscover, especially when we are experiencing difficulties; recently, we met a bishop who encouraged Mothers Prayers to help mothers rediscover the joy of their vocation as mothers,

and these are the first words Veronica collected 30 years ago!

30 years already! Thank you Lord for this beautiful mum's prayers .

Thank you for your faithful, loving and consoling presence at our side!

Thank you for this Jubilee Year of Hope!

Thank you, Lord, for the new hope you give us as we bring our children to you! *«United in prayer, we will save our children!»*

The Power of the Precious Blood of Jesus and the Prayer of Protection



In an African village, a man complained to the parish priest that a sect had arrived in the village, and he was very angry and disturbed.

After investigating, the priest realized that the 'sect' described by the man was in fact a small group of Mothers Prayers who met every Tuesday in a house in the village.

When the priest realized that this prayer group was made up of mothers praying for Mothers Prayers, he asked them to redouble their fervour and concentration and not to let the man's

4

complaints bother them.

This they did.... In the days that followed, their prayers had the effect of a powerful exorcism on the man who had come to complain to the priest.

He began to cry, to shout and to confess publicly that he had cast spells on the children of the village, and he chose to leave the village of his own free will!

This testimony was given to us during our visit to Cameroon and I'm sharing it with you all, so that we can realise that there is nothing more powerful than the Holy Name of Jesus invoked on our homes and our children. Let's be aware that this Mothers Prayers has the power of exorcism if we pray it with conviction, fervour and love!

We already have Victory through Jesus! It's up to us to proclaim it and praise it so that the darkness is cast out! It is the love and fervour of our hearts that allows God to act!

United in prayer, we will save our children!

Anne-Céline

From Slovakía

By Jana

We experienced the light of silence during a spiritual retreat for all mothers from MP, when early Sunday morning, at dawn we waited in silence with lit candles for the resurrection of our Lord Jesus Christ and renewed our baptismal promises.

Father Marian repeated several times, with long pauses of silence in between:

"The light of silence" Through the light that emerged from this silence, the Lord Jesus touched our hearts deeply - like when we hear the Word of God.

The prayers in our MP booklet are very simple yet deep. Every word has its place and meaning. The sentences speak clearly and gently touch our wounded hearts. It is as if they were spoken by the Holy Spirit with the greatest love. But even more is written between the lines of these prayers. That is why, after each prayer, there is a note: "A moment of silence" written in small letters, yet such a profoundly important moment, through which the light comes - allowing us to read between the lines, rediscovering the depth of the prayers and our Lord's love."

<u>Mothers Prayers - 3 Days of Prayer</u>

JUNE 2025, 27th - 29th From Germany 27 June 2025 Proverbs 15: 11 11 Not even the world of the dead can keep the Lord from knowing what is there; How then can we hide our thoughts from God? 28 June 2025 Hebrews 2: 18- 3,1 And now he can help those who are tempted, because he himself was tempted and suffered. My Christian friends, who also have been called by God!

Think of Jesus, whom God sent to be the High Priest of the faith we profess.

29 June 2025

Psalm 30: 12,13
12; So I will not be silent; I will sing praise to you.
13; Lord, you are my God; I will give you thanks for ever

SEPTEMBER 2025, 26th - 28th

From Spain

26 September 2025

Psalm 24: 7,10

7 Lift up your heads, O gates! And be lifted up, O ancient doors! that the King of glory may come in.

⁸ Who is the King of glory? The Lord, strong and mighty, the Lord, mighty in battle. ⁹ Lift up your heads, O gates! and be lifted up, O ancient doors!

That the King of glory may come in. ¹⁰ Who is this King of glory? The Lord of hosts, he is the King of glory.

27 September 2025

Psalm 25: 1,12

1 To you, O Lord, I lift up my soul.
2 O my God, in you I trust; do not let me be put to shame; do not let my enemies exult over me.
3 Do not let those who wait for you be put to shame;

let them be ashamed who are wantonly treacherous.

4 Make me to know your ways, O Lord; teach me your paths.

5 Lead me in your truth, and teach me, for you are the God of my salvation; for you I wait all day long.

6 Be mindful of your mercy, O Lord, and of your steadfast love, for they have been from of old. 7 Do not remember the sins of my youth or my transgressions; according to your steadfast love remember me, for your goodness' sake, O Lord!

8 Good and upright is the Lord; therefore, he instructs sinners in the way.

9 He leads the humble in what is right, and teaches the humble his way.

10 All the paths of the Lord are steadfast love and faithfulness,

for those who keep his covenant and his decrees.

11 For your name's sake, O Lord, pardon my guilt, for it is great.

12 Who are they that fear the Lord? He will teach them the way that they should choose.

28 September 2025

Psalm 27 1,4 - 10-14

1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold[a] of my life; of whom shall I be afraid?

2 When evildoers assail me to devour my flesh—my adversaries and foes

— they shall stumble and fall.

3 Though an army encamp against me, my heart shall not fear; though war rise up against me, yet I will be confident.

4 One thing I asked of the Lord, that will I seek after: to live in the house of the Lord all the days of my life, to behold the beauty of the Lord, and to enquire in his temple.

10 If my father and mother forsake me, the Lord will take me up.

- 11 Teach me your way, O Lord, and lead me on a level path because of my enemies.
- 12 Do not give me up to the will of my adversaries, for false witnesses have risen against me, and they are breathing out violence.

13 I believe that I shall see the goodness of the Lord in the land of the living. 14 Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!

DECEMBER 2025, 26th - 28th

From France

26th December 2025

1 Samuel 26

1.Some men from Ziph came to Saul at Gibeah and told him that David was hiding on Mount Hachilah at the edge of the Judean wilderness.

2 Saul went at once with three thousand of the best soldiers in Israel to the wilderness of Ziph to look for David,

3 and camped by the road on Mount Hachilah. David was still in the wilderness, and when he learnt that Saul had come to look for him,

4 he sent spies and found out that Saul was indeed there.

5 He went at once and located the exact place where Saul and Abner son of Ner, commander of Saul's army, slept. Saul slept inside the camp, and his men camped around him.

6 Then David asked Ahimelech the Hittite, and Abishai the brother of Joab (their mother was Zeruiah), "Which of you two will go to Saul's camp with me?"

"I will," Abishai answered.

7 So that night David and Abishai entered Saul's camp and found Saul sleeping in the centre of the camp with his spear stuck in the ground near his head. Abner and the troops were sleeping around him. 8 Abishai said to David, "God has put your enemy in your power tonight. Now let me plunge his own spear through him and pin him to the ground with just one blow—I won't have to strike twice!"

9 But David said, "You must not harm him! The Lord will certainly punish whoever harms his chosen king.

10 when his time comes to die a natural death or when he dies in battle.

11 The Lord forbid that I should try to harm the one whom the Lord has made king! Let's take his spear and his water jar and go."

12 So David took the spear and the water jar from right beside Saul's head, and he and Abishai left. No one saw it or knew what had happened or even woke up—they were all sound asleep, because the Lord had sent a heavy sleep on them all.

27 th December 2025

Psalm 126

1 When the Lord brought us back to Jerusalem, it was like a dream!

2 How we laughed, how we sang for joy! Then the other nations said about us, "The Lord did great things for them."

3 Indeed he did great things for us; how happy we were!

4 Lord, make us prosperous again, just as the rain brings water back to dry riverbeds.

5 Let those who wept as they planted their crops, gather the harvest with joy!

6 Those who wept as they went out carrying the seed will come back singing for joy, as they bring in the harvest.

28 th December 2025

Zechariah 10,6-12

6 "I will make the people of Judah strong; I will rescue the people of Israel. I will have compassion on them and bring them all back home. They will be as though I had never rejected them. I am the Lord their God; I will answer their prayers.

7 The people of Israel will be strong like soldiers, happy like those who have been drinking wine. Their descendants will remember this victory and be glad because of what the Lord has done.

8 "I will call my people and gather them together. I will rescue them and make them as numerous as they used to be.

9 Though I have scattered them among the nations, yet in far-off places they will remember me. They and their children will survive and return home together.

10 From Egypt and Assyria I will bring them home and settle them in their own country. I will settle them in Gilead and Lebanon also; the whole land will be filled with people.

11 When they pass through their sea of trouble, I, the Lord, will strike the waves, and the depths of the Nile will go dry. Proud Assyria will be humbled, and mighty Egypt will lose her power.

12 I will make my people strong; they will worship and obey me."

We entrust to your prayers the international conference that will take place in this jubilee year,

from 22 to 28 September in Lourdes."

Prayer from Veroníca

Dear Lord. When I am anxious and fearful And find it difficult to trust completely in You, Please help me to focus on Your promises And not on my own abilities. In the past I have often felt that I must be in control. So, I know it may be difficult to leave everything with You. Please give me this grace to 'let go' And bring my worries and concerns to You, Confidently knowing That you have everything in Your hands And that in Your perfect time and in Your perfect way My prayers will be answered. Please give me the grace of perseverance. Amen Give all your worries and cares to God, for He cares about you. 1 Peter 5 v 7

I wish you and your Families a very happy and blessed Easter time!

You are in my thoughts and prayers and I thank you for your prayers for me and for your support.

God bless you all.

With much love in Jesus and Mary.

Veronica